DERBYSHIRE HEALTH AND WELLBEING BOARD

11 July 2019

Report of the Director of Public Health

Establishing a Community Wellness Approach in Derbyshire

1. Purpose of the Report

To provide an update to the Health and Wellbeing Board on progress made to establish a community wellness approach in Derbyshire, and provide information on next steps in implementation.

2. Supporting Information

Derbyshire's Community Wellness Approach has been established to enable people to live happy and healthy lives, through identifying and supporting the assets that exist within Derbyshire's communities. It is not a service or intervention, and nor is it owned by one organisation. Rather it's a set of principles that can be shared across organisations and local communities that recognises the strengths inherent in communities that can be harnessed to improve health and wellbeing.

The presentation to the Board will include information on the concept behind community wellness, how it differs from traditional approaches, how it can support implementation of the priorities of *Our Lives, Our Health: Derbyshire Health and Wellbeing Strategy 2018-2023*, and how it aligns with other place-based initiatives for improving health and wellbeing.

3. Recommendation

That Health and Wellbeing Board members:

- Note progress to date, and the proposed next steps
- Continue to support the work in developing a community wellness approach

Dean Wallace
Director of Public Health
Derbyshire County Council